

## WHY DO WE USE PEANUT OIL?

1. We believe that Quality is Everything!
2. It is the purest oil.
3. It is the best tasting oil.
4. It is monounsaturated.
5. It is trans-fat free.

## ALLERGEN INFORMATION

- ★ We use a highly refined (heat processed) peanut oil, which removes the proteins from the oil.
- ★ Allergic individuals react to protein fractions of oilseeds rather than refined oils.
- ★ The Food Allergen Labeling and Consumer Protection Act (January 1, 2006) requires that labels clearly state the presence of any of the eight major food allergies (milk, egg, peanut, tree nut, fish, shellfish, wheat and soy).  
Within this legislation there are a few exceptions to the rule. One is that highly refined oils, such as our peanut oil, are not considered a “major food allergen” and therefore do not have to be labeled as such.
- ★ We recommend that guests with peanut allergies consult their physician prior to consuming products at Mighty Fine.
- ★ For more information visit:  
[foodallergy.org](http://foodallergy.org)



# GLUTEN FRIENDLY

## Options

CONTAINS  
GLUTEN

- ★ At Mighty Fine we aim to delight our guests by offering gluten-friendly options. Because our restaurants are not gluten-free we feel that the term gluten-friendly is an authentic description.
- ★ Our all-natural burgers are seasoned with sea salt and black pepper. A gluten-friendly option is to order your burger on an gluten-free bun or served as a bowl. Let your cashier know if it's a food allergy so we can change gloves before preparing your burger.
- ★ Our fresh-cut crinkle fries are fried in 100% trans-fat free peanut oil and seasoned with sea salt. Let your cashier know if you want gluten-free fries.
- ★ When gluten-free fries are ordered, our guests can feel confident that their fries will be cooked in a separate fryer dedicated only to those fries. Onion rings will never be cooked in that oil.

MENU ITEMS	
Hamburger & Hot Dog Buns	★
Shakes (Chocolate, Strawberry & Vanilla)	
Beef (Burger & Hot Dog)	
Chicken Sandwich	★
Chili	
Onion Rings	★
Fries	
Lemonade (Original & Strawberry)	

